



Gemma

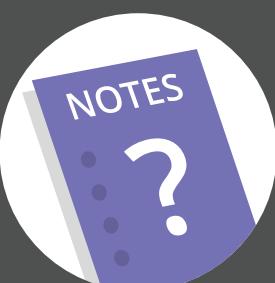
*"I need to write lots of notes this year, but I am often too tired and struggle to concentrate, especially when my doctor moves me onto new medication or dosages for my **depression**. I'm worried that if I can't take good notes my final essay will be impossible to write."*



Challenges faced



"Because of my handwriting, I can't quickly jot down notes during breaks in practical work"



"My notes are missing lots of information, which gets me down"



"I feel self-conscious about using software which could be associated with a disability."

Solutions offered by **Sonocent Audio Notetaker**

Talk through **your experiences and insights** at the end of each day's filming, and record with the companion app



Record everything in **lectures, seminars and talks** for later reference



Use the companion app to capture and annotate audio, and add images alongside on **your smartphone**.



90% of students agree that notes taken with Audio Notetaker capture all the important points.*

*Based on a May 2015 survey of 1,624 respondents with Sonocent Audio Notetaker licenses





Gemma

Age: 20 | **Sex:** Female
Course: BA (Hons) Film Studies
Condition: Depression

Profile

Gemma is a 3rd-year undergraduate studying for a BA (Hons) Film Studies. Her course is delivered through a combination of lectures, seminars and tutorials. She is assessed on essays, written critiques, individual and group presentations, and written assignments based on original research. This is the final year of Gemma's degree, and she is required to make a short film and write a 3,000-word reflective essay on the film-production process.

Challenges faced

Gemma has poor handwriting and spelling. She also suffers from motivation issues related to a **depressive disorder**.

Gemma finds it hard to jot down notes when critiquing films or to take expansive notes in lectures, seminars and talks. Consequently, **her notes are often illegible** and missing important information. Finding the motivation to chase up this information is often beyond her.

During the first two years of her degree, Gemma made it through by **borrowing notes from classmates** and supplementing her written notes with material from textbooks. But the requirement to take notes throughout the production of her final-year film means these coping strategies will no longer be effective.

How Sonocent Audio Notetaker could help

With the Sonocent Recorder companion app, Gemma can record herself speaking about her experiences, impressions and insights at the end of each day of filming, marking up audio chunks in color.

Additionally, she can take photos with her smartphone or tablet and add them alongside the audio.

After importing the app files into Audio Notetaker, she will have a comprehensive audio-visual diary of the project, containing all the information she will need to complete her reflective essay.

Creating notes in this way will bypass her issues with handwriting and spelling. The ability to do so quickly and easily with the app will mean she can capture her thoughts, even when struggling for motivation due to her depressive condition. And the knowledge that everything is being captured and stored in a neat and orderly fashion will help with the symptoms of anxiety she experiences.

Like many students with disabilities, Gemma feels self-conscious about using assistive technology. But with the app she could do so without standing out from the crowd.

Sonocent Audio Notetaker has been used by over 100,000 students with disabilities to take notes independently. Find out more and access training resources at:

www.sonocent.com/disability-resources

