



David



*"My **fatigue and chronic pain** makes it really difficult to study. I need to get lots done during my good times, because I never know when I will be out of action. And I'm out of action more often now, because the reading materials are causing me lots of migraines. I just worry that I will get so far behind that I won't be able to catch up."*

Challenges faced



"I get tired and lose focus when watching the course videos - there's so much detail!"



"The pain often strikes unexpectedly, and I have to leave tasks uncompleted"



"The course PDFs are a struggle to read, which is a nightmare with my migraines"

Solutions offered by Sonocent Audio Notetaker

Record the audio from the videos while watching, **marking up key information** to stay engaged with the content



Talk through your thoughts when you aren't feeling so good, and return to these audio recordings later



Export the text from PDFs into Audio Notetaker at a click and apply more **accessible font styles**



90% of students are confident that notes taken with Sonocent Audio Notetaker will help them study.*

*Based on a May 2015 survey of 1,624 respondents with Sonocent Audio Notetaker licenses



David

Age: 31 | **Sex:** Male

Course: Management Certificate

Condition: Fatigue and chronic pain

Profile

David is a mature student studying for a Professional Certificate in Management by distance learning. The course is delivered through practical modules, involving problem-solving activities relevant to David's job.

Challenges faced

David has a condition which causes him **fatigue and chronic pain**. He also suffers with regular migraines, which affect his vision.

When the pain strikes, David has to lie down and rest. This can happen without warning. It makes it extremely difficult for David to keep up with the extensive reading required on the course. Additionally, **his fatigue causes him to lose focus** when watching detailed instructional videos, especially after a long day at work.

Due to his susceptibility to migraines, David also has to **avoid visual stress**. This is difficult because much of the course material is delivered as PDFs, and the fonts are often hard to read.

For these reasons, David has **missed several deadlines** and is at risk of not completing the course. As his employer is funding the course as part of Continued Professional Development, this could place David's job at risk.

How Sonocent Audio Notetaker could help

There are several **accessibility features** available with Audio Notetaker for students with a visual impairment or those who, like David, need to avoid visual stress.

From 'Options' on the Home Tab, David can **increase the sizes of fonts and audio chunks**, and choose colors which are easier on his eyes. He can import his PDFs into the software and copy all text from the slides into the Reference Pane. Then he can listen to this text as speech using the 'Speak' tool.

When accessing video materials, David can record with Audio Notetaker, **highlight key information as he listens** and type text notes alongside. By interacting with the material, rather than watching it passively, he will be more likely to stay engaged, which will help with the concentration problems caused by his fatigue.

As David can be incapacitated by chronic pain at any time, he needs to get as much done as possible when he is feeling well. Audio Notetaker will help him work more productively by **breaking tasks down into manageable chunks**. He could use the Color Keys to provide a visual record of where he is up to and mark key action points requiring follow up. And he could speak his thoughts when he isn't feeling great, returning to this audio when he feels better.

Sonocent Audio Notetaker has been used by over 100,000 students with disabilities to take notes independently. Find out more and access training resources at:

www.sonocent.com/disability-resources